

Ladies West End Supremes League Rules 2026/27

1. The Ladies West End Supremes Bowling League shall be sanctioned and consists of 14 teams with a playing strength of 4 bowlers. Sanction fees for 2026/2027 bowling season will be \$31.00 per person. The league will bowl on Wednesday evening at 6:30 pm. There are a total of 35 weeks beginning the first Wednesday September 9th, 2025 and ending with a Fun Night on May 5th, 2027.
2. Weekly fee will be \$25.00 per bowler. This covers the lane fees and the balance is placed in the league bank account for the league expenses, prizes etc....Secretary Fee will be \$65.00 per team for the season.
3. Three games will be bowled each session with 2 points awarded for each game won and 1 point for total pins.
4. The individual method of handicapping will be used; the allowance will be 90% and shall be figured on the difference between each individual average and the Scratch figure of 190.
5. Three games are required to establish an individual average. For the first night we will use last year's average and carry it for three weeks. The new average will be established and used on the fourth week. New bowlers will establish an average on the first night the new bowler bowls.
6. For teams without a full roster, an absentee score will be 120.
7. At least two players must be present to complete the first frame of any game unless there are roll offs available for any game or the game will be subject to forfeit.
8. A bowler who arrives late may take up any frames missed as long as the fifth frame has not been completed. A frame shall be considered completed when the bowler in the anchor position on each team has thrown her last ball in the frame. A bowler who arrives late and cannot complete the first game can bowl the next two games that follow and a dummy score used for the missed game.
9. BOWLING UNOPPOSED WILL BE PERMITTED. This pertains to teams and individuals. In such an event, the team captain must be notified and the opposing captain or secretary, and the lane manager at least one day ahead. Rescheduling of the game will be at a later date. If I am not notified the team or teams involved who do not show up on the Wednesday evening will have no choice but to forfeit 7 points. Single bowling off must be bowled before the night in question. Bowling after the night in question will only be allowed if the secretary, president and opposing captain agree to allow it. Scores will count for league awards.
10. No split of the league unless we have 15 or more teams. The league will split- teams will bowl each team once-split will be calculated by total pin fall for team placement- Position round will be week 20 and then the split schedule will be entered with another position round on week 34.
11. In the event of a tie for first place, the points won in a three-game playoff shall determine the winner. An extra complete frame shall be bowled if the playoff series ends in a tie.
12. To be eligible for any prize a bowler must bowl 45 games. This rule being amended from the past years to make it fair for teams who rotate their players. For High Average Award a bowler must bowl 21 games to be eligible.

13. No new bowlers will be allowed into the league after December 31st unless approved by the league board of director's majority.
14. No bowler can bowl against her own team. If you are sparing for another team, make sure they are not bowling against your team.
15. Any team may drop out during the season but will have no choice but to forfeit any prize money which was entitled to them. If there is a new team brought in to the league, they are entitled to cover the position and are entitled to take over in the standings.
16. The foul line will be observed.
17. Any bowler that needs to bring their children to the lanes on league night will need to ensure that the children are not down on the approach or running around the lanes. This may be disruptive for some bowlers.
18. Dummy fees are the responsibility of the captains.
19. DUMMIES MUST BE PAID ON THE NIGHT OF BOWLING UNLESS ARRANGEMENTS ARE MADE WITH THE SECRETARY.
20. The league will run a turkey shoot for 3 weeks starting December 2nd ,9thand 16th 2026. We will be presenting the awards to the winners on December 23rd, 2026. All bowlers are automatically entered when they bowl on December 2nd. The only bowlers that qualify on December 9th are those that didn't bowl on December 2nd. The same applies for December 16th.
21. There will be league roll offs when the league has to bowl on any of the following dates, Dec 24th, 25th, 26th, 31st or Jan 1st. Arrangements will be made for these roll offs.
22. League weekly scores and standing sheet can be found on the following website:

<http://northcrestbowling.com>

My Facebook group page for weather closures or updates is called BOWLING LEAGUES. Come join this page. If you need an invite, please look me up under Ghislaine Blais.

League Officials and Captain contact numbers

JJ Blais (Secretary/captain) 759-5032 or 943-2563 – Incredibowls	email – terryblais@shaw.ca
Laura McCaig (President) 542-5358	email - lmccaig4@icloud.com
Jessica Freamon (Vice President)- 943-4193	email – jlfreamon@gmail.com
Audrey Marshall (captain) 945-5358 – Just 4 Fun	email – mavis.1960@hotmail.com
Colleen Laforest (captain) 297-0917 – Pin Up Girls	email – colleenlaforest1@gmail.com
Linda Kehoe (captain) 541-3303 – Splitz Happen	email – link195210@gmail.com
Shelly Nystedt (captain) 987-2803– Fun ‘e’ Nuf	email – shelnystedt@yahoo.com
Dina Chojnowski (captain) 256-5429 – 200 Plus	email – dia59@hotmail.com
Debbie Storey (captain) 945-8830 – Spotters	email – debstorey5454@gmail.com
Terri Wilding (captain) 542-1309- Splits & Giggles	email - terriwilding@hotmail.com
Kathy McMillan (captain) 254-1845 – Strike Force	email – gk.mcmillan@outlook.com
Patty Gagnon (captain) 946-9499 - Living On A Spare	email - patty.g@shaw.ca
Kellie Novitski (captain) – 971-8296 – Friends	email – kellienovitski@gmail.com
Kendra Deluney(captain) – 206-8646 – Bowl Jobs	email – Kendra.hopper.deluney@hotmail.com

Jennifer or Justin (Lane Managers) 256-7441. If you need to make arrangements for roll offs, please call them to make sure there are lanes available.